# Muskingum County Community Resource Guide

One-Stop Guide for Services and Support in Muskingum County



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#### IN AN EMERGENCY OR CRISIS

Dial 911 for an Emergency	911
<b>Crisis Hotline</b> Available 24/7 through Allwell Behavioral Health	800-344-5818
<b>Crisis Text Line</b> Available 24/7 - Connect by text to a Crisis Counselor	Text 4hope to 741 741
National Suicide Prevention Lifeline Available 24/7	988 – Call or Text https://988lifeline.org/

#### LINKS TO RESOURCE DIRECTORIES

Pathways of Central Ohio Online directory of community resources	https://www.navigateresources.net/chic/
<b>Relink.org</b> Online directory of community resources with a focus on Addiction, Behavioral Health, Human Trafficking supportive services, Re-entry, and Basic Needs	https://relink.org/
United Way of Muskingum, Perry, and Morgan Counties 211 – Available 24/7 - Call to connect with appropriate community resources	Dial 211 Text your zip code to 898-211 <u>https://www.unitedwayofmpm.org/</u>

#### ABUSE / DOMESTIC VIOLENCE / SEXUAL ASSAULT

National and State Helplines	
National Child Abuse Hotline	800-4-A-CHILD (800-422-4453)
In an Emergency, dial 911	Call or Text
	https://www.childhelphotline.org/
National Domestic Violence Hotline	1-800-799-SAFE (7233)
In an Emergency, dial 911	Text START to 88788
Available 24/7	https://www.thehotline.org/
National Sexual Abuse Assault Hotline /	800-656-HOPE (4673)
RAINN (Rape, Abuse, Incest National Network)	www.rainn.org
In an Emergency, dial 911	
Available 24/7	
Ohio Domestic Violence Network	800-934-9840
In an Emergency, dial 911	https://www.odvn.org/find-help/
Available during normal business hours	
Ohio Sexual Violence Helpline	844-644-6435 (844-OHIO-HELP)
Available 24/7	https://www.ohiosexualviolencehelpline.com/
Crisis response, Confidential emotional support,	
Information about options and local resources	
Local Resources	
Muskingum County Adult and Child Protective	Downtown Office
Services (MCACPS)	205 N. 7th Street,
Child Protective Services investigates reports of	PO Box 157
suspected abuse and neglect of children.	Zanesville, OH 43701
Adult Protective Services investigates reports of	740-455-6710
suspected abuse, neglect, and exploitation of	https://www.muskingumkids.org/
adults (60+)	
Muskingum County Sheriff's Office	1840 East Pike
In an Emergency, dial 911	Zanesville, OH 43701
	740-452-3637
Safe at Home - Program participants are	Application assistance done through the Family
	Health Services of East Central Unio. Inc.
assigned a substitute address designated by the	Health Services of East Central Ohio, Inc. 740-453-2872
assigned a substitute address designated by the Secretary of State's Office to serve as their	740-453-2872
assigned a substitute address designated by the	
assigned a substitute address designated by the Secretary of State's Office to serve as their address by shielding their personal information	740-453-2872
assigned a substitute address designated by the Secretary of State's Office to serve as their address by shielding their personal information from public record (service for victims of	740-453-2872 https://www.fhseco.com/

Shelter - Eve Shelter - Marietta Provides emergency housing transitional housing and counseling to anyone who is a victim of domestic violence or sexual assault.	800-974-3111 Crisis phone line available 24/7 <u>https://eveshelter.com/</u>
Shelter - The Lighthouse	740-687-4423
Provides emergency, 30-day stay for victims of	Crisis phone line available 24/7
domestic violence.	<u>https://www.lancasterlh.org/</u>
Shelter - Transitions - Zanesville	740-454-3213 – Crisis phone line
Provides emergency housing, transitional	Available 24/7
housing, court advocacy, and counseling to	740-630-4354 – Text line
anyone who is a victim of domestic violence or	Can be used for the crisis hotline services,
sexual assault.	information and referrals, and support
Victims Services of East Central Ohio 24 hour/7 day a week crisis hotline for victims of sexual violence; crisis intervention, information and referral, civil and criminal justice advocacy, support groups for sexual assault victims and parents of child victims of sexual abuse, assistance with Victims of Crime Compensation and VINE registration.	727 Market St. Zanesville, OH 43701 740-453-2872 <u>https://victimservicesofeastcentralohio.com/index.html</u>

# ASSISTANCE AND SUPPORT SERVICES FOR FAMILILES / INFANTS / YOUTH / SENIOR CITIZENS / VETERANS

County Agencies	Muskingum County home page – links to county agencies <u>https://www.muskingumcountyoh.gov/</u>
Muskingum County Adult and Child Protective	Downtown Office
Services (MCACPS)	205 N. 7th Street,
Child Protective Services - Investigates reports	PO Box 157
of abuse and neglect of children; provides	Zanesville, OH 43701
intervention services to children and families	Report abuse and neglect 740-455-6710
with substantiated abuse or neglect; provides substitute care services as needed; provides	Kinship Navigator Program 740-452-6339, ext. 106
permanency for children with kinship providers	Avondale Youth Center
and through adoption after court termination of	4155 Roseville Road
parental rights.	Zanesville Ohio
Adult Protective Services - investigates reports	740-849-2344
of suspected abuse, neglect, and exploitation of adults (60+)	https://www.muskingumkids.org/
Muskingum County Board of Developmental	1304 Newark Rd.
Disabilities (MCBDD)	Zanesville, OH 43701
Working in partnership with individuals with	740-453-4829
developmental disabilities and their families	Emergency On-Call 1-888-905-0787
providing opportunities utilizing public and	https://www.muskingumdd.org/
private supports, to live, learn, work, and play in	
the community.	
The Muskingum County Center for Seniors	160 N. Fourth Street
The Senior Center provides activities, supportive	Zanesville, OH 43701
services, meals, and transportation for	740-454-9761
qualifying senior citizens in Muskingum County.	https://www.mccfs.org/
"Are You OK?" - The Muskingum County	
Sheriff's Office offers this FREE and	Sign up here:
confidential program for the safety of seniors,	https://www.ohiomuskingumsheriff.org/Resources/Are-
shut-ins and disabled persons who reside in	You-Okay/
Muskingum County.	225 Underwood St. Doors 500
Muskingum County Department of Veterans	225 Underwood St, Room 500
Services	Zanesville, OH 43701 740-455-7149
Provides transportation to VA medical	/40-455-/149 https://www.muskingumcountyoh.gov/Agencies/Veterans/
appointments, emergency financial assistance, and assistance with processing VA claims and	https://dvs.ohio.gov/wps/portal/gov/dvs/home
benefits.	
	Veterans Crisis Hotline
	Call 988, then press 1
	Text 838 255
	https://www.veteranscrisisline.net/

Muskingum County Job and Family Services (MCJFS) Public Assistance Temporary Assistance to Needy Families (TANF) cash assistance program; Supplemental Nutrition Assistance Program (SNAP) food assistance program; Medicaid Assistance; Supportive services and programs intended to help with job placement and retention for low income youth and young adults (Ohio Means Jobs); Subsidized childcare for eligible families while in attendance at school, work, or job training. Child Support Establishes and enforces child support orders and medical orders; works to establish paternity.	445 Woodlawn Ave Zanesville, OH 43701 740-454-0161 MCJFS 740-455-7146 Child Support 740-454-6211 Ohio Means Jobs (OMJ) https://www.muskingumcountyjfs.com/
Muskingum County – Municipal Police Departments In an Emergency, Dial 911	For non-emergencies: Dresden – 740-452-3637 Frazeysburg – 740-828-2911 New Concord – 740-452-3637 Roseville – 740-452-3637 South Zanesville – 740-453-0626 Zanesville – 740-455-0700
Muskingum County Sheriff's Office In an Emergency, Dial 911	1840 East Pike Zanesville, OH 43701 740-452-3637 <u>https://www.ohiomuskingumsheriff.org/</u>
Zanesville Muskingum County Health Department (ZMCHD) Car seat safety checks; Children with Medical Handicaps (CMH) - links families of children (up to age 21) with special healthcare needs to services; Cribs for Kids – Safe sleep education and a pack-n-play; Children, Adult and Travel immunizations; Vision Resources - program provides a free eye exam and glasses, if prescribed, to people who qualify; Smart Choices Strong Families – Recovery support for prenatal and post-partum women; Lead Case Management – provides education to families with children up to age 6 with elevated blood lead levels about lead poisoning; Social Services – a licensed social worker is available for assistance; Tobacco Prevention	205 N. 7th Street Zanesville, OH 43701 740-450-3275 After 4:30 pm emergency line: 740-280-2227 <u>http://www.zmchd.org/</u> Health Department Directory of Available Services <u>http://www.zmchd.org/wp-</u> <u>content/uploads/2021/05/Directory-of-Services.pdf</u>

Women, Infants and Children (WIC) -provides	WIC
nutrition education, breastfeeding education,	1-844-601-0365
nutritious foods, formula, and support to	
women, infants, and children up to age 5	
Early Intervention - statewide system that	Early Intervention and Help Me Grow
provides coordinated services to parents of	1-800-755-GROW
infants and toddlers with disabilities or	
developmental delays in Ohio.	
Help Me Grow – program supports pregnant	
women and new parents with the tools and	
information they need to give their children the	
best start in life.	

Other Services and Programs	
Bethel Community Center	126 Ontario Street
After school program for K-12 <sup>th</sup> grades, summer	Zanesville, OH 43701
program, food outreach programs, neighborhood	740-297-4795
events and programs.	https://bethelzanesville.com/
Big Brothers, Big Sisters of Zanesville	4 N. 7th Street
One-to-one youth mentoring program for	Zanesville, OH 43701
children ages 6 through 18	740-453-7300
	https://www.bbbsz.org/
Bridges to Wellness	1-234-801-8009
Program that connects individuals and families	https://www.accesstusc.org/bridges-to-wellness
who have medical, social, and educational	
barriers to local resources by working with an	
experienced community care coordinator.	
The Carr Center	1035 Beverly Avenue
Toddler enrichment program; service	Zanesville, OH 43701
coordination; reading tutoring; pediatric speech	740-453-5417
screenings and therapy; adult day care; Special	http://www.carrcenter.org/
Riders – opportunity to ride horses for individuals	
with severe physical; Safety Town; caregiver	
support group.	
Catholic Social Services	422 Main Street
Resource for financial assistance only	Zanesville, OH 43701
	740-452-5057
	https://www.colscss.org/

<b>Eastside Community Ministry</b> Learning for Life and Academic Incentive youth programs, Clothing bank, Food pantry (call 211) and other food support, Limited financial emergency relief, Tools for School, Lace up for Kids.	221 Stillwell Street Zanesville, OH 43701 740-452-7519 <u>https://www.eastsideministry.org/</u> Check <u>Facebook page</u> for regular updates
Forever Dads Programming to encourage, educate, and equip men to develop positive relationships with their children, family, and community.	The Center for Fathers & Families 109 Madison Street Zanesville, OH 43701 740-453-1DAD (1323) https://www.foreverdads.com/
Head Start - Muskingum County Child Care Resources, Inc. Head Start programs provide comprehensive services to enrolled children and their families. Program includes health, nutrition, social, and other services determined to be necessary by family needs assessments, in addition to education and cognitive development services. Early Head Start (2-year olds) and Head Start (3-5 year olds).	1580 Adams Lane Zanesville, OH 43701 740-454-6251 <u>http://ccri.org/</u>
Heartbeats - Family Center Free medical grade Pregnancy Tests, Ultrasounds, Parenting support, Abortion recovery care groups	2447 Maple Ave. Zanesville, OH 43701 740-450-5437 https://heartbeats.org/
Mid-East Career and Technology Centers - Career and Academic Readiness Education (CARE) - Program provides free classes to anyone who would like to earn their high school equivalency diploma such as the GED or HiSET diploma or refresh academic skills. Classes are available face-to-face or through distance education. A variety of class times and locations are available in a six county area served by Mid- East Career and Technology Centers.	Mid-East Career and Technology Centers Career and Academic Readiness Education Office 400 Richards Rd. Zanesville, OH 43701 740-454-7242 https://www.mid-east.k12.oh.us/
Muskingum County Library System (MCLS) Dolly Parton's Imagination Library, Homeschooling help, Online Children's and Youth Library, Student help, Services for teachers, other special events	Multiple Locations throughout Muskingum County Main Branch 220 N. 5 <sup>th</sup> Street Zanesville, OH 43701 740-453-0391 <u>https://muskingumlibrary.org/</u>

Muskingum County Literacy Council (MCLC) Nonprofit organization that identifies, coordinates, and promotes literacy solutions for youth, adults, and families by collaborating with the community; partnered with the Ohio Governor's Imagination Library	Contact the council directly by emailing <u>muskingumclc@gmail.com</u> or register for the Imagination Library at: <u>https://ohioimaginationlibrary.org/enroll</u>
Muskingum Economic Opportunity Action Group, Inc. (MEOAG) Eligibility-based programs to assist with housing, transportation, food and nutrition, child development, utilities, employment; Supportive Services for Veterans Families (SSVF)	828 Lee Street Zanesville, OH 43701 740-453-5703 <u>http://meoag.org/</u>
Muskingum Valley Educational Service Center (MVESC) Parent mentoring, Preschool, and Special Education services	205 N. 7th Street Zanesville, OH 43701 740-452-4518 <u>https://www.mvesc.org/</u>
Ohio Benefits Helpful website to manage or apply for Medicaid (healthcare), childcare, food, and cash benefits. Apply for Medicaid: <u>http://medicaid.ohio.gov/</u> or by calling 844-640-6446	https://benefits.ohio.gov/
Ohio Department of Aging Offers resources for older Ohioans, caregivers, and professional in the aging network.	https://aging.ohio.gov/
Area Agency on Aging Region 9 Ohio's Area Agencies on Aging (AAAs) respond to the needs of older adults as advocates, planners, and funders. AAAs provide education, information, and referral services to help older adults with home and community-based long- term care.	Area Agency on Aging Region 9 710 Wheeling Avenue Cambridge, OH 43725 800-945-4250 740-439-4478 <u>https://aaa9.org/</u>
<b>OhioKAN - Ohio Kinship and Adoption Navigator</b> Free statewide service for both formal and informal kinship and adoptive families. Navigators explore areas of need with families and provide tailored resources to meet each identified need.	1-844-OHIO-KAN Call to connect with a Navigator within your region. <u>https://ohiokan.jfs.ohio.gov/</u>

<ul> <li>Opportunities for Ohioans with Disabilities <ul> <li>(OOD)</li> </ul> </li> <li>State agency that empowers Ohioans with disabilities through employment, disability determinations, and independence: <ul> <li>Bureau of Vocational Rehabilitation - BVR</li> <li>Bureau of Services for the Visually Impaired - BSVI</li> <li>Division of Disability Determination - DDD (determines medical eligibility through Social Security benefits)</li> <li>Division of Employer and Innovation Services - EIS (responsible for establishing and maintaining partnerships with employers)</li> </ul> </li> </ul>	601 Underwood Street, Suite C Zanesville, OH 43701 800-645-1094 <u>https://ood.ohio.gov/wps/portal/gov/ood/</u>
Project Ready – Office of Reentry for Muskingum, Perry, and Morgan Counties Assist incarcerated and formerly incarcerated clients from our local jails and Ohio prisons by coordinating services to help with their successful transition back to the community.	https://projectready.net/
Social Security Administration	3823 James Ct. Zanesville, OH 1-855-884-3408 office 1-740-452-3049 TTY 1-800-772-1213 National toll-free number https://www.ssa.gov/
Zanesville Civic League Programs and events for students and families that support education, personal growth, and positive future outcomes; After-school tutoring program for K-5 <sup>th</sup> grade.	928 Jackson Street Zanesville, OH 43701 740-452-7401 <u>https://www.zclcc.org/</u>

#### FOOD ASSISTANCE / FOOD PANTRIES / CLOTHING AND HOUSEHOLD ITEMS

#### \*\*Community members can dial 211 or go to <u>https://www.freshtrak.com/</u> to see the food pantries they can access in the area.

AIM Outreach	Old Elementary Building
Food outreach program in Frazeysburg and	68 N. State Street
Dresden. Food pantries operate Mondays 10:00	Frazeysburg, OH 43822
am to noon in Frazeysburg and Wednesdays	740-258-8352
4:00-6:00 pm in Dresden.	https://www.aimoutreach.com/
	Check their Facebook page for regular updates
	and to find more information on their lunch and
	ice cream programs.
Bethel Community Center	126 Ontario Street
Food outreach program	Zanesville, OH 43701
	740-297-4795
	https://bethelzanesville.com/
	Check their Facebook page for regular updates.
Christ's Table	28 S. 6th Street
Meals:	Zanesville, OH 43701
Monday to Friday - lunch 11:00 am to 1:00 pm	740-452-9766
Saturday - lunch 11:00 am to 12:30 pm	740-452-7966 - Meal Deliveries
3 <sup>rd</sup> Sunday – 12:30 pm – 1:30 pm	www.christstable.org
Meals for home bound individuals available	
Eastside Community Ministry	221 Stillwell Street
Clothing bank, Food Pantry (Call 211), Other food	Zanesville, OH 43701
outreach programs, Tools for Schools, Lace up for	740-452-7519
Kids, Produce Market, and other programs	https://www.eastsideministry.org/
Homeless Hands of Zanesville, LLC	1351 Greenwood Ave.
Provides tents, clothing, food, blankets, and	Zanesville, Ohio 43701
necessities; help obtaining identification	740-617-7164
documents; assist in finding employment,	https://www.homelesshoz.org/
housing, and transportation.	Check <u>Facebook page</u> for regular updates
**Services only extend to the homeless that are	
living on the streets	
Muskingum County Health Department -	205 N. 7 <sup>th</sup> Street
Women, Infants and Children (WIC)	Zanesville, OH 43701
Provides nutrition education, breastfeeding	740-454-9741
education, nutritious foods, formula, and support	https://www.zmchd.org/wic/
to women, infants, and children up to age 5.	

Muskingum County Job and Family Services (MCJFS) Eligibility based programs that assist with food (Supplemental Nutrition Assistance Program - SNAP), cash assistance, clothing for children for	445 Woodlawn Ave Zanesville, OH 43701 740-454-0161 <u>https://www.muskingumcountyjfs.com/</u>
school.	
<b>The Muskingum County Center for Seniors</b> The Senior Center provides activities, supportive services, meals, and transportation for qualifying senior citizens in Muskingum County.	160 N. Fourth Street Zanesville, OH 43701 740-454-9761 <u>https://www.mccfs.org/</u>
Salvation Army – Zanesville Corps Food pantry; Clothing Room Meals: Monday – Friday, 4:00 pm -5:30 pm	515 Putnam Ave. Zanesville, OH 43701 740-452-8350 <u>https://www.facebook.com/TSAZanesville/</u>
<b>Trulight Ministries</b> Free hot breakfast Monday through Friday, 8:00 to 9:30 am; provides free clothing, toiletries, and furniture when available. Day Center for the Homeless – 10:00 am to 1:00 pm – showers and laundry area, lunch is available	807 Putnam Ave. Zanesville OH 43702 740-704-8531 <u>https://trulightministries.org/</u>

#### HOUSING AND UTILITY ASSISTANCE / SHELTER OPTIONS

Habitat for Humanity of Southeast Ohio Programs that provide new homes for families in need, critical home repairs, and microfinance program	14440 State Route 13 Millfield, OH 45761 740-592-0032 <u>https://habitatseo.org/</u>
Habitat for Humanity – ReStore "Home and hardware" thrift store	100 Sunrise Center Dr. Zanesville, OH 43701 740-297-4446
Homeless Hands of Zanesville, LLC Provides tents, blankets, and necessities; assists in finding housing **Services only extend to the homeless that are living on the streets.	522 Woodlawn Ave. Zanesville, Ohio 43701 740-617-7164 <u>https://www.homelesshoz.org/</u>

Muskingum Economic Opportunity Action Group, Inc. (MEOAG) Eligibility-based programs and funding available for mortgage and rent assistance through the Emergency Services Program (including rental assistance and water payment); utility assistance including the Home Energy Assistance Program (HEAP) - summer and winter crisis programs, Home Weatherization Assistance Program (HWAP)	828 Lee Street Zanesville, OH 43701 740-453-5703 <u>http://meoag.org/</u>
Shelter - Salvation Army - Zanesville Emergency Homeless Shelter, Rent and Utility assistance (when funds are available)	515 Putnam Avenue Zanesville, OH 43701 740-452-8350 <u>https://easternusa.salvationarmy.org/northeast-ohio/zanesville/</u>
Shelter - Transitions - Zanesville Provides emergency housing, transitional housing, and counseling to anyone who is a victim of domestic violence or sexual assault	740-454-3213 Crisis phone line available 24/7
Shelter – Trulight Ministries Emergency Winter Shelter Offsite winter shelter for men and women. Call or follow on Facebook for details	807 Putnam Ave Zanesville, OH 43701 740-487-0221 <u>https://trulightministries.org/</u> <u>https://www.facebook.com/trulightministries</u>
Zanesville Metropolitan Housing Authority (ZMHA) Provides housing assistance for low income residents, the elderly, and the disabled through income-based programs – Low Rent Public Housing and Housing Choice Voucher Program (Section 8)	407 Pershing Road Zanesville, OH 43701 740-454-9714 <u>https://www.zanesvillehousing.org/</u>

#### JOB AND EMPLOYMENT ASSISTANCE

	1200 11 1
Allwell C.O.R.E. Enterprise	1280 Linden Ave
Vocational, Employment, and Work Programs	Zanesville, OH 43701
	740-452-7477
	https://www.allwell.org/
Homeless Hands of Zanesville, LLC	522 Woodlawn Ave.
Assistance in finding employment offered to the	Zanesville, Ohio 43701
homeless living on the streets	740-617-7164
	https://www.homelesshoz.org/
Muskingum County Job and Family Services	445 Woodlawn Ave.
Supportive services and programs intended to	Zanesville, OH 43701
help with job placement and retention for low	740-454-0161
income youth and young adults (Ohio Means	https://www.muskingumcountyjfs.com/
Jobs); Subsidized childcare for eligible families	
while in attendance at school, work, or job	Ohio Means Jobs (OMJ) -
training	http://ohiomeansjobs.com/ Wide variety of
	services for job seekers and employers
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Ohio Benefits	https://benefits.ohio.gov/
Website with information on applying for and	
updating unemployment insurance.	
Ohio Department of Job and Family Services	https://unemploymenthelp.ohio.gov/
Unemployment benefits information	
Ohio Means Jobs	https://jobs.ohiomeansjobs.monster.com/search.
Website for job searching, resume help	aspx?sid=68
Temporary Employment Service – Action Total	2239 Maple Ave.
Staffing	Zanesville, OH 43701
	740-450-8411
	http://www.actiontotalstaffingohio.com/
Temporary Employment Service – Employees	12 East Locust Street
Overload	Newark, OH 43055
	740-322-6634
	www.employersoverload.com
Temporary Employment Service - Mancan	1228 Brandywine Blvd.
	Zanesville, OH 43701
	740-452-4222
	https://www.mancan.com/
	https://www.mancan.com/

Temporary Employment Service – Surge Staffing	2459 Maple Avenue
	Zanesville, OH 43701
	740-586-0323
	https://surgestaffing.com/locations/Zanesville-
	<u>ОН</u>

LEGAL SERVICES	

Muskingum County - Domestic Relations Court The Muskingum County Domestic Relations Court presides over cases of termination of marriage, child custody, parenting time, child support, paternity, civil protection orders and stalking protection orders. <i>COURT STAFF CANNOT PROVIDE LEGAL ADVICE</i> The website is designed to help you understand the processes of the Court.	22 N 5th Street Zanesville, Ohio 43701 740-455-7190 <u>https://www.muskingumcountyoh.gov/</u>
Muskingum County – Juvenile Court The Juvenile Judge hears cases involving youth under the age of 18. These cases include unruly, delinquent, abused, neglected, and/or dependent children, as well as cases that involve traffic offense offenders. Juvenile Court jurisdiction also includes adult paternity cases, nonsupport. Juvenile Court has criminal jurisdiction over adults accused of misdemeanor child abuse and contributing to the delinquency of a minor. <i>COURT STAFF CANNOT PROVIDE LEGAL ADVICE</i> The website is designed to help you understand the processes of the Court.	1860 East Pike Zanesville, Ohio 740-453-0351 <u>https://www.muskingumcountyoh.gov/</u>
Muskingum County Prosecutors Office	27 N. 5 <sup>th</sup> Street Zanesville, OH 43701 740-455-7123
<b>Ohio Legal Help</b> Ohio Legal Help helps all Ohioans access the civil justice system. They provide plain language legal help information, interactive self-help tools and connections to local legal and community resources that empower Ohioans to resolve their legal issues.	https://www.ohiolegalhelp.org/

Southeastern Ohio Legal Services (Legal Aid of	Newark Office (serves Muskingum County)
Southeast and Central Ohio - LASCO)	15 West Locust Avenue, Suite A
Provides free legal help to people with low	Newark, Ohio 43055
incomes and limited savings. They help with issues	740-345-0850
related to health benefits, housing, school,	888-831-9412 (toll free)
employment, utilities, family law problems,	https://www.seols.org/
consumer problems, public benefits like SNAP and	
Medicare issues and other noncriminal legal	
matters.	

#### MEDICAL HEALTH SERVICES

Akron Children's Hospital	Akron, Ohio 330-543-1000 (Operator) https://www.akronchildrens.org/ 2845 Bell Street
Allwell Behavioral Health Services Primary Care Services available at the Zanesville office; Walk-in or schedule an appointment.	Zanesville, OH 43701 740-588-6408 <u>https://www.allwell.org/Services/Primary-Care-Services/</u>
Family Health Services of East Central Ohio Zanesville Clinic - through CDC - Provides a range of reproductive health and wellness along with STI/STD testing, pregnancy testing and contraceptives (ages 13 and up). Services provided on a sliding fee scale; Medicaid is accepted, and no one is denied services for financial reasons.	727 Market St. Zanesville, Ohio 43701 740-453-2872 https://www.fhseco.com/
Genesis Health Care System Hospital Facilities Search for providers by name, specialty, city, doctor name, or service	2951 Maple Ave Zanesville, OH 43701 740-454-4000 <u>www.genesishcs.org</u>
<b>Genesis Nurse Line</b> Ask questions about health issues, Find doctors taking patients	740-455-4949 800-948-4949

Muskingum County Jobs and Family Services	445 Woodlawn Ave.
Adult Blind and Disabled Medicaid for those 65	Zanesville, OH 43701
years and over; Covered Families and Children	740-454-0161
Medicaid is intended for low-income families and	800-242-0029
pregnant women; Medicaid Long Term Care /	https://www.muskingumcountyjfs.com/
Waiver Program	<u></u>
Muskingum Valley Health Center (MVHC)	2725 Pinkerton Rd
South Zanesville	
	Zanesville, OH 43701
Adult Primary Care; Infant, Child, and Adolescent	740-891-9000
Care; Women's Health; Dental Health; Behavioral	1-888-454-5157
Health; Podiatry; Patient Education; Health	https://www.mvhccares.org/
Insurance Enrollment Assistance, Sliding Fee Scale	
Muskingum Valley Health Center (MVHC)	716 Adair Avenue
Zanesville	Zanesville, OH 43701
Adult Primary Care; Infant, Child, and Adolescent	
Care; Women's Health; Dental Health; Behavioral	740-891-9000
Health; Podiatry; Patient Education; Health	1-888-454-5157
Insurance Enrollment Assistance, Sliding Fee Scale;	740-868-8171 (Pharmacy)
On-Site Pharmacy	https://www.mvhccares.org/
on-site marmacy	https://www.httnccares.org/
MVHC Putnam Urgent Care	915 Putnam Avenue
No appointment needed; X-ray and lab services;	Zanesville, OH 43701
Addiction services also available at this location	740-891-9000
Addiction services also available at this location	
	1-888-454-5157
	https://www.mvhccares.org/
MVHC Women's Health Bethesda	945 Bethesda Drive, Suite 140
Comprehensive gynecological and obstetrical care	Zanesville, OH 43701
	740-891-9000
	1-888-454-5157
	https://www.mvhccares.org/
Nationwide Children's Hospital	700 Childrens Drive
· · · · · · · · · · · · · · · · · · ·	Columbus, OH 43205
	614-722-2000
	https://www.nationwidechildrens.org/
Ohio Benefits	https://benefits.ohio.gov/
Helpful website to manage or apply for Medicaid	
(healthcare), childcare, food, and cash benefits	Apply for Medicaid:
(nearthcare), chilucare, 1000, and Cash benefits	Apply for Medicaid:
	http://medicaid.ohio.gov/
	or by calling <b>844-640-6446</b>

Ohio's Best Rx Ohio's "Best Rx" is a prescription drug discount card program designed to lower the cost of prescriptions for Ohio residents without drug insurance coverage who are either aged 60 and over or any age with incomes less than 300% of the federal poverty level.	PO Box 408 Twinsburg, OH 44087 866-923-7879 <u>https://www.rxresource.org/prescription-assistance/ohios-best-rx.html</u>
Ohio Department of Medicaid Managed Care coverage information	800-324-8680 (consumer hotline) https://www.ohiomh.com/
Rambo Memorial Health CenterServices are free to Muskingum County residents;Stop Tobacco Program; TB Skin Tests; Flu,pneumonia and Tdap vaccinations; and otherprogramsSingleCarePrescription drug discount program, free ofcharge.	711 Main Street Zanesville, OH 43701 740-452-5401 <u>https://www.rambomemorialhealthcenter.org/</u> <u>https://www.singlecare.com/</u>
Zanesville-Muskingum County Health Department Community related health and wellness issues; Children, Adult and Travel immunizations; Vision Resources - program provides a free eye exam and glasses, if prescribed, to people who qualify	205 North 7th Street Zanesville, OH 43701 740-454-9741 www.zmchd.org

#### MENTAL HEALTH / BEHAVIORAL HEALTH / SUBSTANCE ABUSE SERVICES

<b>Crisis Hotline</b> Available 24/7 through Allwell Behavioral Health	800-344-5818
<b>Crisis Text Line</b> Available 24/7 - Connect by text to a Crisis Counselor	Text 4hope to 741 741
National Suicide Prevention Lifeline	988 – Call or text
Available 24/7	https://988lifeline.org/
Addicted.org	800-304-2219
Drug and alcohol addiction rehab services search assistance	https://www.addicted.org/

Akron Children's Hospital	Akron, Ohio
	330-543-1000 (Operator)
	https://www.akronchildrens.org/
Allwell Behavioral Health Services	2845 Bell Street
Counseling and Therapy, Psychiatric Services,	Zanesville, OH 43701
Crisis Services, Case Management, Prevention	740-454-9766
and Wellness, Youth Residential Treatment,	https://www.allwell.org/
Mobile Family Crisis Services, and more	
Allwell Crisis Stabilization Unit	Zanesville, OH 43701
Adult Residential Services; Services include	740-455-4132
psychiatric and nursing consultations, case	https://www.allwell.org/
management, and individual therapy.	
BrightView – Zanesville Addiction Treatment	2572 Maple Avenue
Center	Zanesville, OH 43701
Comprehensive outpatient addiction treatment	866-934-7450
center; Medication Assisted Treatment,	https://www.brightviewhealth.com/
Individual and Group Therapy, Case	
Management; Medicaid, Medicare, and most	
private insurances are accepted	
Cairn Recovery Resources	217 Muskingum Avenue
Comprehensive outpatient addiction treatment	Zanesville, OH 43701
programs	740-487-3000
	https://cairnrecovery.com/
Cedar Ridge Behavioral Health Solutions	Zanesville Outpatient Office and Residential
Customized treatment programs: Mental Health	Location - The Schultz at Cedar Ridge
and Alcohol or other Drug Assessments;	441 Putnam Ave
Independent Living Skills Assessments;	Zanesville, OH 43701
Comprehensive Treatment Planning; Individual,	
Group, and Family Therapy; Crisis Support;	Residential Location
Parenting Support; Case Management /	The Landing at Cedar Ridge 5559 Raiders Road
Coordination; Psychiatric Services; and Employment Services; Virtual Services	Frazeysburg, OH 43822
	855-692-7247
	https://www.crbhs.org/home
Genesis Behavioral Health	2951 Maple Avenue
Inpatient and outpatient psychiatric care for	Zanesville, OH 43701
adults, adolescents, and children; Intensive	740-454-5927
outpatient group therapy program for adults; and	https://www.genesishcs.org/services-
Substance abuse support and recovery programs	search/behavioral-health

Mental Health & Recovery Services Board (MHRS) Referral service to providers in Coshocton, Guernsey, Morgan, Muskingum, Noble & Perry Counties Check <u>https://www.mhrs.org/nami-six-county</u> for local support groups.	1500 Coal Run Rd. Zanesville, OH 43701 740-454-8557 <u>https://www.mhrs.org/</u>
Mid-Ohio Behavioral Health Outpatient Services for children, youth, and adults. Diagnostic Assessments; Individual, Group, and Family Psychotherapy; Individual, Group, and Family Therapy; Case Management; and Medication Management.	Muskingum County Location: 930 Bethesda Dr., Bldg. 4 Zanesville, OH 43701 740-569-5737 <u>https://midohiobh.com/</u>
Muskingum Behavioral Health Alcohol and substance use counseling, Prevention for alcohol and substance abuse, Mental health counseling, Recovery housing, Intensive outpatient program, Gambling addiction rehab	1127 West Main Street Zanesville, OH 43701 740-454-1266 <u>https://www.muskingumbehavioralhealth.com/</u>
Muskingum County Suicide Prevention Coalition The Coalition consists of community members and professionals in Muskingum County working toward prevention of self-injuries and deaths by suicide through education, intervention, and prevention strategies.	1500 Coal Run Rd. Zanesville, OH 43701 740-454-8557 <u>https://www.mhrs.org/</u>
Muskingum Valley Health Centers (MVHC) MVHC Addiction Services provides outpatient substance abuse treatment to individuals, including pregnant women, battling opiate, alcohol, and other substance abuse. Behavioral Health options are available to new and existing patients feeling depressed, stressed, or anxious.	MVHC Addiction Services Zanesville 915 Putnam Ave Zanesville, OH 43701 740-891-9009 888-454-5157 https://www.mvhccares.org/ Behavioral Health Services available at: MVHC South Zanesville 2725 Pinkerton Lane Zanesville, OH 43701 740-891-9000 MVHC South Adair Avenue Zanesville, OH 43701 740-891-9000

National Alliance on Mental Illness (NAMI) HelpLine provides information and referral services.	National Helpline, M-F from 10 am to 10 pm 800-950-NAMI (6264) <u>https://www.nami.org/help</u>
Check <u>https://www.mhrs.org/nami-six-county</u> for local support groups	NAMI Six County 740-647-9617 <u>namisixcounty@gmail.com</u>
Ohio Psychiatric Associates, Inc. Therapy for all age groups for mood and anxiety disorders, ADHD, eating disorders, developmental and cognitive disorders, psychotic disorders, family and couple therapy	975 Bethesda Drive Building 7 Zanesville OH 43701 740-452-4539 <u>http://www.opazanesville.com/</u>
PATH Behavioral Health Children, youth, and adult outpatient services; Accepts Medicaid and Medicare; Sliding fee scale for eligible clients Behavioral Health – Assessment and evaluation; Individual, Family and Group Therapy; Case management Medical Services – Psychiatric support; Medicine Assessment; Medicine Management; Care Coordination Individualized treatments for Substance Abuse Disorder	379 Adair Ave. Zanesville, OH 43701 740-297-6019 <u>https://pathihc.com/</u>
<b>Relink.org</b> Online directory of community resources with a focus on Addiction, Behavioral Health, Human Trafficking supportive services, Re-entry, and Basic Needs	https://relink.org/
<b>Restorative Pathways Counseling, LLC</b> Clinical and faith-based counseling services for individuals, couples, families, and groups. They accept a variety of insurance (including Medicaid), self-pay clients, and provide a sliding scale fee program for eligible clients. Offer Case Management Services in the areas of Therapeutic interventions, advocacy, and connecting with community resources.	58 N. 5 <sup>th</sup> Street, Ste. 102 Zanesville, OH 43701 740-214-6443 <u>https://www.restorative-pathways.com/</u>

<b>Spero Health</b> Integrated care model for alcohol and substance abuse disorder combines physician services (including medication assisted treatment), behavioral health counseling, recovery support services, medication management and patient and family education. Accepts Medicaid and most forms of private insurance.	833 James Street Zanesville, OH 43701 740-297-8859 <u>https://sperohealth.com/locations/zanesville-oh/</u>
Substance Abuse & Mental Health Services Administration (SAMHSA) Information on thousands of state-licensed providers who specialize in treating substance use disorders, addiction, and mental illness.	In Crisis? Call or Text 988 Available 24/7, 365 days a year <u>https://www.samhsa.gov/find-help</u>
Support Groups – NAMI Six County	Check <u>https://www.mhrs.org/nami-six-county</u> for local support groups.
Support Groups – Narcotics Anonymous	Check Mid-East Area Service Committee of NA for locations and times. <u>https://meascna.naohio.org/index.html</u>
Zanesville Treatment Services (Pinnacle) Outpatient addiction treatment for men and women; medication-assisted treatment (MAT) programs	1590 Coal Run Road Zanesville, OH 43701 740-297-4417 800-782-1520 (Available 24/7) https://pinnacletreatment.com/

## TEEN SERVICES

Bridges to Success	Southeast Region
Provides guidance and supportive services to	se.region@cfhcohio.org
young adults who left foster care in Ohio at ages	614-869-3889
18, 19 or 20 as they transition to adulthood. They	https://cap4kids.org/columbus/bridges/
offer services in housing, education, employment	
and help youth with getting health insurance,	
finding a doctor, or improving physical or mental	
health in any way.	

<b>Charlie Health</b> Virtual mental health clinic provides teens and young adults struggling with mental health and substance use disorders personalized out-patient behavioral health support.	https://www.charliehealth.com/
<b>Crisis Text Line</b> Available 24/7 - Connect by text to a Crisis Counselor	Text 4hope to 741 741
Kaleidoscope Youth-informed and youth-led center dedicated to serving queer youth in Ohio. Divers and experienced staff work alongside youth to create free programming, housing, and support services in Columbus and all over the state.	603 East Town Street Columbus, OH 43215 614-294-5437 <u>https://www.kycohio.org/</u>
LGBT National Help Center Provides peer-support, community connections and resource information to people with questions regarding sexual orientation and/or gender identity.	888-843-4564 – National Hotline 800-246-7743 – National Youth TalkLine <u>https://lgbthotline.org/</u>
Muskingum County Community Foundation Scholarship Central Scholarship search, ACT Test prep classes (Muskingum, Perry, Morgan, Coshocton priority registration)	534 Putnam Ave. Zanesville, OH 43701 740-453-5192 <u>https://www.mccf.org/</u>
Muskingum County Job and Family Services (MCJFS) Supportive services and programs intended to help with job placement and retention for low- income youth and young adults (Ohio Means Jobs). Comprehensive Case Management and Employment Program and Services - CCMEP is OhioMeansJobs Muskingum County's program for serving youth and young adults ages 14-24. This program aims to improve employment and educational outcomes for youth and young adults by helping them overcome barriers to employment and develop the successful skills our local employers seek.	445 Woodlawn Ave Zanesville, OH 43701 740-454-0161 MCJFS 740-454-6211 Ohio Means Jobs (OMJ) https://www.muskingumcountyjfs.com/

Muskingum Economic Opportunity Action Group, Inc. The Community Action Agency of Muskingum County (Community Action Partnership) M.E.O.A.G. Inc Scholarship Fund is to provide financial assistance to students that meet eligibility criteria	828 Lee Street Zanesville, OH 43701 740-453-5703, ext. 101 <u>http://meoag.org/</u> Information on the David V. Stivison Appalachian Scholarship can be found here: <u>http://new.coadinc.org/scholarships/</u>
National Alliance on Mental Illness (NAMI) Teen and Young Adult Helpline provides information and referral services.	Text "Friend" to 62640 800-950-6264, M-F from 10 am to 10 pm https://www.nami.org/Support-Education/NAMI- HelpLine/Teen-Young-Adult-HelpLine
National Runaway Safeline Information on support for youth and teens	800-786-2929 (RUNAWAY) 24/7 Crisis Connection https://www.1800runaway.org/
National Suicide Prevention Hotline Assists in crisis, need, and immediate assistance. Linked with prevention and crisis resources.	988 – Call or text Available 24/7 https://988lifeline.org/
<b>Trevor Project Crisis Line - LGBTQ Youth</b> Trained counselors are available 24/7. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk, call or text.	866-488-7386 Text 678-678 Available 24/7 https://www.thetrevorproject.org/
You Matter You Matter is a safe space for youth to discuss and share stories about mental health and wellness, created and administered by the <u>988</u> <u>Suicide &amp; Crisis Lifeline</u> .	https://youmatter.988lifeline.org/

#### TRANSPORTATION

Mobility Management Provides information on the many transportation options available in the county, including public transportation, taxi services, transportation for senior citizens, walking trails, bike paths, and ADA compliances.	Mobility Manager 740-487-4930 (office) 740-260-2266 (cell) https://managemobility.org/
South East Area Transit (SEAT) Public rural transportation provider for Muskingum, Guernsey, Noble counties. SEAT- Safe, Efficient, Affordable Transportation	SEAT Transit Center 224 Main Street Zanesville, OH 43701 740-454-8573 <u>https://www.seatbus.org/</u>
Starbright Cab Company Taxicab service for Zanesville area	905 Goddard St. Zanesville, OH 43701 740-453-3882